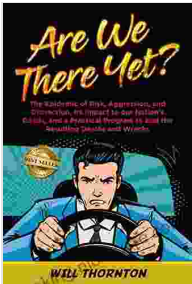


The Epidemic of Risk Aggression and Distraction: Its Impact on Our Nation's Roads



Are We There Yet?: The Epidemic of Risk, Aggression, and Distraction, its Impact to our Nation's Roads, and a Practical Program to End the Resulting Deaths and

Wrecks by Will Thornton

★★★★☆ 4.4 out of 5

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Traffic accidents are the leading cause of death for Americans aged 15 to 29. In 2016, there were over 37,000 traffic fatalities in the United States. Of these, over 10,000 were caused by drivers who were speeding, driving under the influence of alcohol or drugs, or distracted by their phones or other electronic devices.

Risk aggression and distraction are two major factors contributing to the increase in traffic accidents. Risk aggression is defined as "a pattern of reckless driving behaviors, such as speeding, tailgating, and running red lights." Distraction is defined as "any activity that takes a driver's attention

away from the task of driving, such as texting, talking on a cell phone, or eating." Both of these behaviors can have deadly consequences.

The Causes of Risk Aggression and Distraction

There are a number of factors that contribute to risk aggression and distraction. Some of the most common include:

- **Youth:** Young drivers are more likely to engage in risk-taking behaviors, such as speeding and driving under the influence of alcohol or drugs.
- **Male gender:** Male drivers are more likely to be involved in traffic accidents than female drivers.
- **Alcohol and drug use:** Alcohol and drug use impair judgment and coordination, which can lead to reckless driving behavior.
- **Distracted driving:** The use of cell phones and other electronic devices while driving is a major source of distraction. Texting while driving is particularly dangerous, as it requires both visual and manual attention.

The Consequences of Risk Aggression and Distraction

Risk aggression and distraction can have a number of serious consequences, including:

- **Crashes:** Risk aggression and distraction are major factors contributing to the increase in traffic accidents in the United States. In 2016, over 10,000 traffic fatalities were caused by drivers who were speeding, driving under the influence of alcohol or drugs, or distracted by their phones or other electronic devices.

- **Injuries:** Traffic accidents can cause a wide range of injuries, from minor cuts and bruises to serious head and spinal cord injuries. In 2016, over 2.5 million people were injured in traffic accidents in the United States.
- **Death:** Traffic accidents are the leading cause of death for Americans aged 15 to 29. In 2016, over 37,000 people died in traffic accidents in the United States.

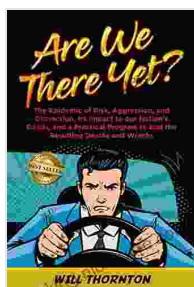
Solutions to the Problem of Risk Aggression and Distraction

There are a number of things that can be done to reduce risk aggression and distraction on our nation's roads. Some of the most effective include:

- **Education:** Educating drivers about the dangers of risk aggression and distraction is essential to reducing these behaviors. Schools, employers, and law enforcement agencies can all play a role in educating drivers about the importance of safe driving.
- **Enforcement:** Enforcing traffic laws is another important way to reduce risk aggression and distraction. Police officers can issue tickets to drivers who are speeding, driving under the influence of alcohol or drugs, or distracted by their phones or other electronic devices.
- **Engineering:** Engineering can also be used to reduce risk aggression and distraction. For example, traffic calming measures such as speed bumps and roundabouts can help to slow down traffic and reduce the risk of accidents. Road signs and pavement markings can also be used to remind drivers of the importance of safe driving.
- **Technology:** Technology can also be used to reduce risk aggression and distraction. For example, there are a number of apps available that

can help drivers to avoid distractions while driving. In-vehicle technologies such as lane departure warning systems and adaptive cruise control can also help to prevent accidents.

Risk aggression and distraction are two major factors contributing to the increase in traffic accidents in the United States. These behaviors have a number of serious consequences, including crashes, injuries, and death. However, there are a number of things that can be done to reduce risk aggression and distraction on our nation's roads. By working together, we can make our roads safer for everyone.



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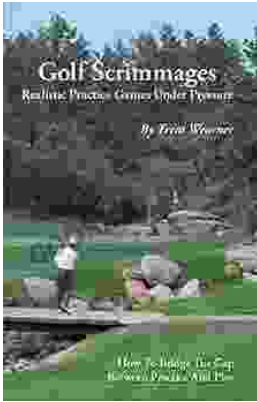
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