# Shadow Daughter: A Memoir of Estrangement and the Search for Identity



#### **Shadow Daughter: A Memoir of Estrangement**

by Harriet Brown

**★** ★ ★ ★ 4.3 out of 5 Language : English File size : 2430 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled X-Rav : Enabled Word Wise : Enabled Print length : 272 pages



In her powerful and moving memoir, *Shadow Daughter*, Delphine Minoui recounts her search for identity and the meaning of family after being estranged from her father for over a decade.

Minoui's father was a charismatic and successful Iranian immigrant who left her family when she was just a child. For years, Minoui struggled to understand why her father had abandoned her and her mother. She felt like a "shadow daughter," invisible and unloved.

As an adult, Minoui decided to confront her father and try to understand his reasons for leaving. She traveled to Iran and met with her father for the first time in over a decade. Their reunion was both painful and healing, and it helped Minoui to finally come to terms with her father's absence.

Shadow Daughter is a beautifully written and deeply personal memoir about the complexities of family relationships and the search for self. Minoui's story is both heartbreaking and hopeful, and it will resonate with anyone who has ever struggled with estrangement or the search for identity.

#### A Daughter's Search for Identity

Delphine Minoui was born in Tehran, Iran, in 1976. Her father, a successful businessman, left the family when she was just two years old. Minoui and her mother struggled to make ends meet, and Minoui often felt like an outsider at school.

When Minoui was 16, she moved to the United States to live with her aunt and uncle. She struggled to adjust to her new life, and she felt like she didn't belong anywhere.

As an adult, Minoui decided to confront her father and try to understand why he had abandoned her. She traveled to Iran and met with him for the first time in over a decade. Their reunion was both painful and healing, and it helped Minoui to finally come to terms with her father's absence.

In *Shadow Daughter*, Minoui writes about her search for identity and the meaning of family. She explores the complexities of estrangement and the power of forgiveness. She also writes about the importance of self-discovery and the search for love.

#### The Meaning of Family

Shadow Daughter is a powerful and moving memoir about the complexities of family relationships. Minoui's story is both heartbreaking and hopeful,

and it will resonate with anyone who has ever struggled with estrangement or the search for identity.

Minoui's journey is a reminder that family is not always about bloodlines or even proximity. Family is about the people who love and support us, and who are there for us through thick and thin.

Shadow Daughter is a must-read for anyone who has ever struggled with family relationships or the search for self. It is a powerful and moving memoir that will stay with you long after you finish it.

#### Praise for *Shadow Daughter*

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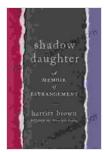
— The New York Times

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-Kirkus Reviews



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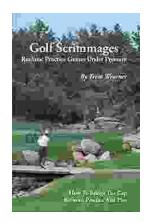
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