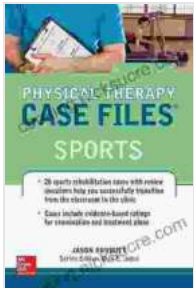


Physical Therapy Case Files: Sports Lange Case Files: An In-Depth Examination of Rehabilitation Techniques and Patient Outcomes



Physical Therapy Case Files, Sports (LANGE Case Files) by Mark M. Meerschaert

★★★★☆ 4.4 out of 5

Language : English
File size : 40283 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 496 pages



Physical Therapy Case Files: Sports Lange Case Files is a comprehensive guide to the assessment, diagnosis, and treatment of sports-related injuries. This book provides a wealth of knowledge on the latest rehabilitation techniques and patient outcomes, making it an invaluable resource for physical therapists, athletic trainers, and other healthcare professionals working with athletes.

The book is divided into four sections, each of which focuses on a different aspect of sports rehabilitation. The first section covers the basics of sports injury assessment, including history taking, physical examination, and diagnostic imaging. The second section provides an overview of the most common sports injuries, including their symptoms, causes, and treatment

options. The third section discusses the principles of rehabilitation, including exercise prescription, pain management, and patient education. The fourth section presents a series of case studies that illustrate the application of rehabilitation principles to real-world scenarios.

Physical Therapy Case Files: Sports Lange Case Files is an essential resource for anyone working in the field of sports rehabilitation. The book provides a comprehensive overview of the latest assessment, diagnosis, and treatment techniques, and it is packed with case studies that illustrate the application of these principles to real-world scenarios.

Key Features

- **Comprehensive coverage:** Covers all aspects of sports rehabilitation, from injury assessment to treatment planning.
- **Evidence-based approach:** Provides the latest evidence-based information on injury assessment, diagnosis, and treatment.
- **Case studies:** Includes a series of case studies that illustrate the application of rehabilitation principles to real-world scenarios.
- **Expert authors:** Written by a team of experts in the field of sports rehabilitation.

Contents

1. Section 1: Sports Injury Assessment

- History Taking
- Physical Examination
- Diagnostic Imaging

2. **Section 2: Common Sports Injuries**

- Ankle Sprains
- Knee Injuries
- Shoulder Injuries
- Elbow Injuries
- Wrist Injuries
- Hand Injuries
- Hip Injuries
- Groin Injuries
- Hamstring Injuries
- Calf Injuries
- Foot Injuries

3. **Section 3: Principles of Rehabilitation**

- Exercise Prescription
- Pain Management
- Patient Education

4. **Section 4: Case Studies**

- Case Study 1: Ankle Sprain
- Case Study 2: Knee Injury
- Case Study 3: Shoulder Injury

- Case Study 4: Elbow Injury
- Case Study 5: Wrist Injury
- Case Study 6: Hand Injury
- Case Study 7: Hip Injury
- Case Study 8: Groin Injury
- Case Study 9: Hamstring Injury
- Case Study 10: Calf Injury
- Case Study 11: Foot Injury

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If you are a physical therapist, athletic trainer, or other healthcare professional working with athletes, then you need to have this book in your library.

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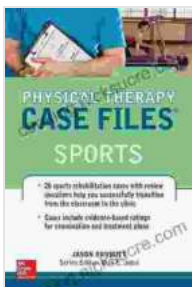
About the Authors

Physical Therapy Case Files: Sports Lange Case Files was written by a team of experts in the field of sports rehabilitation. The authors have a combined experience of over 50 years in the field, and they have worked with a wide range of athletes, from professional athletes to weekend warriors.

The authors are committed to providing the latest evidence-based information on injury assessment, diagnosis, and treatment. They are also passionate about helping athletes return to their sport as quickly and safely as possible.

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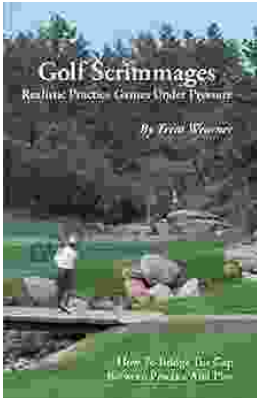
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