

# Northbound Tales From The Continental Divide Trail: A Comprehensive Guide for Hikers



## Northbound: Tales from the Continental Divide Trail

by Bridget Portmann

★★★★☆ 4.4 out of 5

Language : English  
File size : 7328 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 226 pages  
Lending : Enabled



The Continental Divide Trail (CDT) is one of the most challenging and rewarding long-distance hiking trails in the world. Stretching over 3,100 miles from Mexico to Canada, the CDT traverses some of the most rugged and beautiful terrain in North America. In this article, we will provide a comprehensive guide for hikers planning to hike the CDT northbound, including information on trail conditions, resupply options, andおすすめのセクション.

### Trail Conditions

The CDT is a remote and rugged trail, and hikers should be prepared for a variety of conditions. The trail surface can be rocky, uneven, and muddy, and there are numerous stream crossings. The weather can also be

unpredictable, and hikers should be prepared for rain, snow, and extreme heat. In some sections, the trail is also exposed to high winds.

Hikers should be in good physical condition and have experience backpacking before attempting the CDT. The trail is typically hiked in 5-6 months, and hikers should expect to cover an average of 20-30 miles per day. There are no towns or services along the trail, so hikers must be self-sufficient and carry all of their food, water, and gear.

## **Resupply Options**

There are a number of resupply options available along the CDT. Hikers can mail resupply boxes to themselves at post offices in towns near the trail. There are also a few commercial resupply services that deliver food and supplies to hikers along the trail. In addition, hikers can purchase food and supplies at a few general stores and restaurants located near the trail.

Hikers should plan their resupply strategy carefully, as there are some sections of the trail where resupply options are limited. It is also important to note that the availability of resupply options can vary depending on the time of year.

## **おすすめのセクション**

The CDT is a long and diverse trail, and there are many different sections that hikers can choose to hike. Some of the most popular sections include:

- **The Gila National Forest in New Mexico:** This section of the trail is known for its stunning scenery, including towering mountains, deep canyons, and desert landscapes.

- **The Colorado Rockies:** This section of the trail traverses some of the most iconic mountains in North America, including the Rocky Mountains, the San Juan Mountains, and the Gore Range.
- **The Wind River Range in Wyoming:** This section of the trail is known for its high peaks, pristine lakes, and alpine meadows.
- **The Glacier National Park in Montana:** This section of the trail traverses one of the most beautiful national parks in the United States, offering stunning views of glaciers, mountains, and lakes.
- **The Bob Marshall Wilderness in Montana:** This section of the trail is known for its remote and rugged wilderness, offering a truly backcountry experience.

## **Planning Your Trip**

If you are planning to hike the CDT northbound, it is important to start planning your trip well in advance. You should obtain a permit from the National Park Service, and you should also make reservations for any campsites or lodges that you plan to use. It is also important to purchase the necessary gear and supplies, and to train for the physical demands of the trail.

Hiking the CDT is a challenging but rewarding experience. With careful planning and preparation, you can have a safe and enjoyable journey.

## **Additional Resources**

- Continental Divide Trail Coalition
- National Geographic: Thru-Hiking the Continental Divide Trail
- REI: Hiking the Continental Divide Trail

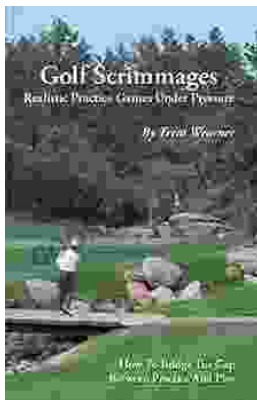


## Northbound: Tales from the Continental Divide Trail

by Bridget Portmann

★★★★☆ 4.4 out of 5

Language : English  
File size : 7328 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 226 pages  
Lending : Enabled



## Golf Scrimmages: Realistic Practice Games Under Pressure

Golf scrimmages are a great way to practice your game in a realistic and competitive environment. They can help you improve your skills, learn how to...



## Ahsoka Tano: The Force-Wielding Togruta Who Shaped the Star Wars Galaxy

Ahsoka Tano is one of the most popular and beloved characters in the Star Wars universe. First introduced in the animated film Star Wars: The Clone Wars, Ahsoka...

