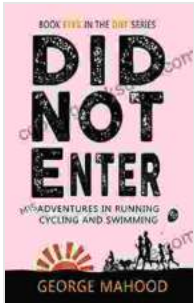


Misadventures in Running, Cycling, and Swimming: DNF



Did Not Enter: Misadventures in Running, Cycling and Swimming (DNF Series Book 5) by George Mahood

★★★★☆ 4.6 out of 5

Language	: English
File size	: 2071 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 97 pages
Lending	: Enabled



I've always been an active person, but it wasn't until my mid-30s that I got serious about endurance sports. I started with running, then added cycling, and finally swimming. I quickly discovered that I loved the challenge of pushing myself to the limit and seeing how far I could go.

In 2016, I decided to take on my biggest challenge yet: a triathlon. I had never done a triathlon before, but I was confident that I could finish it with enough training. I trained for months, and on race day I felt ready to give it my all.

The swim went well, and I was feeling strong on the bike. But then, about halfway through the run, I hit a wall. My legs started to cramp, and I felt like I was going to pass out. I kept going, but I was moving slower and slower.

Finally, with just a few hundred meters to go, I collapsed. I had to be helped to the finish line, and I crossed it in tears.

I was disappointed that I didn't finish the triathlon, but I was also proud of myself for giving it my all. I had learned a lot about myself and my limits, and I knew that I would be back to try again.

The following year, I signed up for a marathon. I had never run a marathon before, but I was confident that I could finish it with enough training. I trained for months, and on race day I felt ready to give it my all.

The marathon went well, and I was feeling strong until about mile 20. Then, my legs started to cramp, and I felt like I was going to pass out. I kept going, but I was moving slower and slower. Finally, with just a few hundred meters to go, I collapsed. I had to be helped to the finish line, and I crossed it in tears.

I was disappointed that I didn't finish the marathon, but I was also proud of myself for giving it my all. I had learned a lot about myself and my limits, and I knew that I would be back to try again.

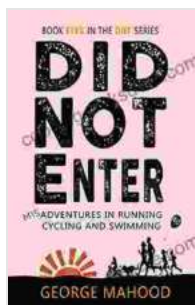
In 2018, I signed up for a century bike ride. I had never ridden a century before, but I was confident that I could finish it with enough training. I trained for months, and on race day I felt ready to give it my all.

The century bike ride went well, and I was feeling strong until about mile 80. Then, my legs started to cramp, and I felt like I was going to pass out. I kept going, but I was moving slower and slower. Finally, with just a few miles to go, I collapsed. I had to be helped to the finish line, and I crossed it in tears.

I was disappointed that I didn't finish the century bike ride, but I was also proud of myself for giving it my all. I had learned a lot about myself and my limits, and I knew that I would be back to try again.

I've learned a lot from my misadventures in running, cycling, and swimming. I've learned that I'm not as strong as I thought I was, but I'm also stronger than I thought I was. I've learned that it's okay to fail, and that it's important to keep trying. And I've learned that the journey is just as important as the destination.

I'm not sure if I'll ever finish a triathlon, a marathon, or a century bike ride. But I'm going to keep trying. And I know that I'll be stronger and more resilient every time I try.

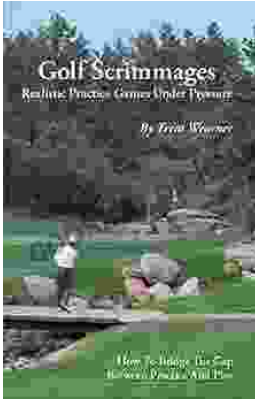


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