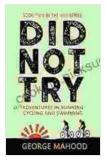
Misadventures in Running, Cycling, and Swimming: DNF (Did Not Finish)

I've always been a bit of a klutz. I'm the one who trips over her own feet, spills her coffee on her new dress, and walks into doors. So it's no surprise that my adventures in running, cycling, and swimming have been filled with their own share of mishaps.



Did Not Try: Misadventures in Running, Cycling and Swimming (DNF Series Book 2) by George Mahood

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Language	;	English
File size	:	2004 KB
Text-to-Speech	;	Enabled
Enhanced typesetting	;	Enabled
X-Ray	;	Enabled
Word Wise	;	Enabled
Lending	;	Enabled
Screen Reader	:	Supported
Print length	:	145 pages



Running

I started running in my early 20s, and I quickly realized that I was not a natural athlete. I was slow, I was clumsy, and I was always getting injured. But I kept at it, because I loved the feeling of accomplishment I got from finishing a run, no matter how slowly or how painfully. One of my most memorable running misadventures happened during a 5K race. I was about halfway through the race when I tripped over a tree root and fell hard. I scraped my knee and twisted my ankle, but I got up and kept running. I was determined to finish the race, even if I had to crawl.

I finally crossed the finish line, hobbling and in pain. But I had done it. I had finished the race, and I had proven to myself that I could overcome any obstacle, even my own clumsiness.

Cycling

I took up cycling a few years later, and I quickly discovered that I was even worse at cycling than I was at running. I couldn't seem to stay upright on the bike, and I was constantly crashing. But again, I kept at it, because I loved the feeling of freedom I got from riding a bike.

One of my most embarrassing cycling misadventures happened during a group ride. I was riding along, minding my own business, when I suddenly lost control of my bike and crashed into a ditch. I landed in a pile of mud, and my bike was bent and broken.

I was so embarrassed, I wanted to crawl into a hole and die. But my fellow cyclists were great. They helped me up, and they even offered to fix my bike. I was so grateful for their kindness, and I learned a valuable lesson that day: it's okay to fail, as long as you have people to support you.

Swimming

I started swimming a few years ago, and I quickly realized that I was not a natural swimmer either. I was slow, I was clumsy, and I was always getting

water in my nose. But again, I kept at it, because I loved the feeling of weightlessness I got from swimming.

One of my most comical swimming misadventures happened during a swim meet. I was swimming the breaststroke, and I was ng pretty well. But then, I suddenly lost my goggles, and I started swimming blind. I ended up swimming into the wall of the pool, and I got a bloody nose.

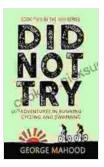
I was so embarrassed, I wanted to quit swimming right then and there. But then, I remembered the lesson I had learned from my cycling misadventure: it's okay to fail, as long as you have people to support you. And my teammates were there to support me. They helped me clean up my nose, and they even gave me a new pair of goggles.

Lessons Learned

My misadventures in running, cycling, and swimming have taught me a lot about myself. I've learned that I'm not a natural athlete, but that doesn't mean I can't enjoy these activities. I've also learned that it's okay to fail, as long as I have people to support me.

Most importantly, I've learned that the most important thing is to keep trying. No matter how many times I fall down, I will always get back up again. And no matter how many times I fail, I will always keep trying to reach my goals.

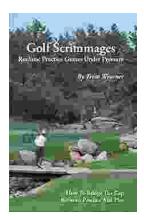
So if you're thinking about trying a new sport or activity, but you're afraid of failing, don't let that stop you. Just remember, it's okay to fail. The important thing is to keep trying.



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